

Protecting and improving the nation's health

# Guidance on infection control in schools and other childcare settings

#### 2. Rashes and skin infections

Children with rashes should be considered infectious and assessed by their doctor.

| Infection or complaint          | Recommended period<br>to be kept away from<br>school, nursery or<br>childminders               | Comments   |
|---------------------------------|--|--|
| Athlete's foot                  | None   | Athlete's foot is not a serious condition.  Treatment is recommended   |
| Chickenpox                      | Until all vesicles have crusted over   | See: Vulnerable Children and Female Staff –<br>Pregnancy   |
| Cold sores,<br>(Herpes simplex) | None   | Avoid kissing and contact with the sores. Cold sores are generally mild and self-limiting                            |
| German measles (rubella)*       | Four days from onset of rash (as per "Green Book")   | Preventable by immunisation (MMR x2 doses). See: Female Staff – Pregnancy  |
| Hand, foot and mouth            | None   | Contact your local HPT if a large number of children are affected. Exclusion may be considered in some circumstances |
| Impetigo                        | Until lesions are crusted<br>and healed, or 48 hours<br>after starting antibiotic<br>treatment | Antibiotic treatment speeds healing and reduces the infectious period  |
| Measles*                        | Four days from onset of rash   | Preventable by vaccination (MMR x2). See:  Vulnerable Children and Female Staff –  Pregnancy                         |
| Molluscum contagiosum           | None   | A self-limiting condition  |
| Ringworm                        | Exclusion not usually required   | Treatment is required  |
| Roseola (infantum)              | None   | None   |
| Scabies                         | Child can return after first treatment   | Household and close contacts require treatment   |
| Scarlet fever*                  | Child can return 24 hours after starting appropriate antibiotic treatment                      | Antibiotic treatment is recommended for the affected child   |

| Slapped cheek/fifth disease. Parvovirus B19 | None (once rash has developed)                        | See: Vulnerable Children and Female Staff –<br>Pregnancy   |
|---|---|--|
| Shingles                                    | Exclude only if rash is weeping and cannot be covered | Can cause chickenpox in those who are not immune, ie have not had chickenpox. It is spread by very close contact and touch. If further information is required, contact your local PHE centre. See: Vulnerable Children and Female Staff – Pregnancy |
| Warts and verrucae                          | None  | Verrucae should be covered in swimming pools, gymnasiums and changing rooms  |

## 3. Diarrhoea and vomiting illness

| Infection or complaint   | Recommended period<br>to be kept away from<br>school, nursery or<br>childminders   | Comments  |
|--|--|---|
| Diarrhoea and/or vomiting  | 48 hours from last episode of diarrhoea or vomiting  |   |
| E. coli O157 VTEC Typhoid* [and paratyphoid*] (enteric fever) Shigella (dysentery) | Should be excluded for<br>48 hours from the last<br>episode of diarrhoea.<br>Further exclusion may<br>be required for some<br>children until they are no<br>longer excreting | Further exclusion is required for children aged five years or younger and those who have difficulty in adhering to hygiene practices. Children in these categories should be excluded until there is evidence of microbiological clearance. This guidance may also apply to some contacts who may also require microbiological clearance. Please consult your local PHE centre for further advice |
| Cryptosporidiosis  | Exclude for 48 hours from the last episode of diarrhoea  | Exclusion from swimming is advisable for two weeks after the diarrhoea has settled  |

### 4. Respiratory infections

| Infection or complaint         | Recommended period<br>to be kept away from<br>school, nursery or<br>childminders                          | Comments  |
|--------------------------------|---|---|
| Flu (influenza)                | Until recovered   | See: Vulnerable Children  |
| Tuberculosis*                  | Always consult your local PHE centre  | Requires prolonged close contact for spread   |
| Whooping cough*<br>(pertussis) | Five days from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment | Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks. Your local PHE centre will organise any contact tracing necessary |

#### 5. Other infections

| Infection or complaint | Recommended period<br>to be kept away from<br>school, nursery or<br>child minders                   | Comments   |
|------------------------|---|--|
| Conjunctivitis         | None  | If an outbreak/cluster occurs, consult your local PHE centre   |
| Diphtheria *           | Exclusion is essential. Always consult with your local HPT  | Family contacts must be excluded until cleared to return by your local PHE centre. Preventable by vaccination. Your local PHE centre will organise any contact tracing necessary |
| Glandular fever        | None  |  |
| Head lice              | None  | Treatment is recommended only in cases where live lice have been seen  |
| Hepatitis A*           | Exclude until seven days after onset of jaundice (or seven days after symptom onset if no jaundice) | In an outbreak of hepatitis A, your local PHE centre will advise on control measures   |